



КИСПАЕВ ТОХТАР АТАМБАЕВИЧ



PERSONAL INFORMATION

Republic of Kazakhstan, Karaganda city, Universitetskaya street, 28, KarU named after Y. A. Buketov

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✉ kispayev_t@mail.ru


Date of birth: 2/12/1950....

WORKPLACE, JOB POSITION KarU named after Y. A. Buketov, professor of the department of «Theory and methodology of physical culture and sports training»

DEGREE, TITLE (ACADEMIC TITLE) Candidate of medical sciences, professor by the decision of the Academic Council of KarU named after Y. A. Buketov dated 23.09.2011, minutes №2.

WORK EXPERIENCE Overall work experience: 53 years, research and academic experience – 44 years.

PLACE AND PERIOD OF WORK

- 1974-1977 years – Sanitary inspector in sanitary-and-epidemiologic service of Zyryanovsk
- 1977-1980 years – junior research assistant of the scientific and research sector of Karaganda State Medical Institute, intern researcher of the pediatric hygiene department;
- 1980-1985 years – postgraduate, officer of the department of employed adolescents in the Institute of Children and Adolescents Hygiene of USSR’s Ministry of Public Health Service;
- 1985 – to the present day – professor of the department of theory and methodology of physical culture and sports training, KarU named after Y. A. Buketov

EDUCATION AND INTERNSHIP

Education

- 1968-1974 years - Karaganda State Medical Institute, major «Sanitation and hygiene»
- 1980-1983 years - Institute of Children and Adolescents Hygiene, postgraduate study.
- from December 22 - 1983 year (minute №5) - the degree of the candidate of medical sciences is awarded
- 2006-2008 years - Karaganda State University named after Y. A. Buketov, faculty of «Physical training and culture», bachelor degree in «Physical training and culture»
- 2018-2020 years - Altai State Pedagogical University (Federal State-Funded Educational Institution of Higher Education «AltSPU), Institute of physical culture and sport: Master degree course in «Teacher education: physical culture and sports activity»

- On the basis of the Research Centre for Children's Health of the Russian Academy of Medical Sciences, Institute of Children and Adolescents Hygiene of Russia's Ministry of Public Health Service, Moscow:
 - o 26-27.05.2009 – participated in the school of a specialist in medical support in educational institutions - 13 hours, participated in the school of specialists in hygiene of children and adolescents - 13 hours
 - o 24-27.02.2012 – participated in the school of a medical support specialist in educational institutions - 33 hours.
- 19-20.04.2010 - attended a seminar course on the theory and practice of the development of mass physical culture and sports of the highest achievements within the program of the Federal State Educational Institution of Higher Professional Education "National State University of Physical Culture, Sports and Health named after P.F. Lesgaft, St. Petersburg on the basis of the Committee on Sports of Kazakhstan's Ministry of Tourism and Sports.
- 24.02.2015 - took part in the seminar "Thomson Reuters Day at KarSU" on the basis of KarSU named after Y.A. Buketov
- March 19-20, 2014 - participated in the Republican scientific and practical seminar with international participation: "Health-forming technologies as a way to increase the effectiveness of the discipline of physical culture" at the university, held on the basis of Al-Farabi Kazakh National University.
- From April 22, 2015 to April 25, 2015 - took part in the International scientific and practical online seminar on the topic "Comprehensive support for the training of highly qualified athletes" on the basis of KazAst - 36-hour program.
- Business trips: participation in international scientific and practical conferences, scientific congresses, etc.: Moscow, St. Petersburg, Novosibirsk, Barnaul, Almaty, Yerevan, Kiev, Lipetsk, Voronezh, Murmansk, Uralsk, Ust-Kamenogorsk, Kokshetau, Kolonna, Odessa, Belgorod, Tambov, Sochi.

Internship, professional business trip

INFORMATION ABOUT

PROFESSIONAL DEVELOPMENT

- 25.04.-03.05.1999 - the professional development course of the All-Russian Professional Psychotherapeutic League on the educational program "Psychotherapy, practical psychology, valeology" -120 hours.
- 13.06. - 25.06.2005 - the specialization course "Selected issues of sports medicine, exercise therapy and massage"; 12.11.-19.11.2005 - the specialization course "Innovative technologies in the educational process" on the basis of the faculty of advanced training of university teachers of Karaganda State University named after Y. A. Buketov.
- Completed professional advanced training at the Federal State Budgetary Educational Institution of Higher Professional Education "Russian State University of Physical Culture, Sports, Youth and Tourism, Moscow:
 - o 8.02.-28.02.2006 - "Sports facilities and general requirements for their safe operation" - 102 hours
 - o 02.12-26.12.2013 - "Basics of hygiene, sports facilities, ecology and life safety" - 102 hours
 - o 14.12.-24.12.2015 - "Innovative health-saving technologies in medicine and education" - 72 hours
- 15.12.- 23.12. 2014 - took part in a training seminar on the topic "Modern theoretical and methodological problems of training a teacher-trainer" on the basis of KarSU named after Y. A. Buketov.
- April 22, 2015 - May 10, 2015 - the professional development 120-hour program at the center for training, retraining and advanced training of personnel at the Kazakh Academy of Sports and Tourism in Almaty.
- June 01,2015 - June 13,2015 - the advanced training course "Quality Management in Education" at "Intercultural Society for Advanced Studies" of the University of Dusseldorf in Germany - 72-hour program
- September 18, 2015 - September 28, 2015 - the advanced training course "Innovative technologies in occupational medicine and industrial ecology" on the basis of the Federal State Budgetary Scientific Institution "Research Institute of Occupational Medicine", Moscow - 72-hour program
- October 10, 2015 to October 19, 2015 - off-job professional development in the Republican State Enterprise "National Scientific and Practical Center of Physical Culture" in Almaty in the specialty 530108 "Physical Culture and Sports" - 72 hours
- September 9-14, 2019 - a course on the topic "Preparing university teachers for training using distance learning technologies" on the basis of the faculty of additional education of KarSU named after Y.A. Buketov - 36 hours

PERSONAL QUALITIES

Personal qualities

- competent, highly erudite specialist, efficient, with organizational skills, conscientious, sociable, responsible to himself and others, modest and decent.
 - enjoys well-deserved recognition among the teaching staff of the university, students, teachers, coaches of educational and sports institutions

Language proficiency

- Kazakh, Russian, English with dictionary

Native language

- Kazakh

Computer skills

User level: microsoft office (word, excel, powerpoint)

Other skills (hobbies)

reading, traveling, board games.

ADDITIONAL INFORMATION

Main publications

1. How to preserve and strengthen the health of your child // Methodological aid. - Karaganda: publishing house Sanat-Polygraphy, 2007. - 161 p.
2. Assessment of motor readiness and physical education of 6-17 year old pupils of urban and rural schools of the Karaganda region // Methodological aid. - Karaganda. - LLP "Sanat-Polygraphy", 2009. - 126 p.
3. Fundamentals of professionally applied physical training in educational institutions // Textbook.- Karaganda: publishing house of KarSU, 2011.-217 p.
4. Vocational-applied physical training of students of vocational-technical colleges // Textbook.- Karaganda: Publishing house of KarSU, 2014.-260 p.
5. Scientific bases of professionally-applied physical training of students in technical and vocational education // Monograph.- Karaganda: Publishing house of KarSU, 2014.-278 p.
6. Monitoring of the state of health and physical fitness of students of pre-conscription age in educational institutions // Monograph. - Karaganda: Publishing house "Arko", 2015. - 320 p.
7. Age physiology and school hygiene // Textbook. manual.- Karaganda: Publishing house "Arko", 2015. - 267 p.
8. Sports dietetics // Textbook. - Karaganda: "Print Shop", 2019. - 240 p.
9. Innovative patent No. 26998 for an invention dated 04.07.2012 by the Committee on Intellectual Property Rights Ministry of Justice of the Republic of Kazakhstan
10. The role of health-saving technologies in the formation of adolescents' professional suitability / Allergy, Asthma & Immunophysiology: from basic science to clinical management. - Bologna, 2013.-P.136-137
11. Peculiarities of Motion Activity of Students of Various Educational Institutions in Karaganda / Allergy, Asthma & Immunophysiology: from basic science to clinical management. - Bologna, 2013.-P.157-159.
12. The physiological and hygienic substantiation of professional-and-applied physical training aims and techniques in the formation of occupational fitness / Allergy, asthma & immunophysiology: recent advances in understanding and management. - Bologna (Italy). - 2015. - P.123-125
13. Physiological and hygienic substantiation of health-saving technologies in institutions of technical and vocational education / Occupational medicine and industrial ecology. - M., 2018. - No. 8. - P.26-31.
14. Peculiarities of Motion Activity of College Students with a Different form of Organization of a Training Process on Physical Education // Allergy, asthma, cops, immunophysiology & immunorehabilitology: innovative technologies. - Vol. 10. - Bologna. - 2018. - P.437-443.
15. 10 articles included in the Clarivate Analytics (ThR) and Scopus databases
16. 19 articles in journals included in the database of Committee for Control of Education and Science
17. 64 articles included in the RSCI database

Participation in scientific projects

1. Agreement on scientific, educational and cultural development between the Russian State University of Physical Culture, Sports, Youth and Tourism (Department of Hygiene, Life Safety, Ecology and Sports Facilities and Sports Medicine) and KarSU named after Y.A. Buketov (Faculty of Physical Culture and Sports) from 09/01/2007 to 09/01/2020.
2. Agreement on scientific cooperation of the Scientific Research Institute of Hygiene and Health Protection of Children and Adolescents of the Scientific Center of Children's Health of the Russian Academy of Medical Sciences and KarSU named after Y.A.Buketov from 09/01/2013 to 09/01/2020 in the field of "Health-saving technologies in secondary schools"
3. Agreement on cooperation between Altai State Pedagogical University and KarSU named after Y.A. Buketov from 27.12.2017 to 27.01.2025.
4. Initiative research at the Faculty of Physical Culture and Sports "Scientific substantiation of health-saving technologies in educational institutions" planned for the university activity for the period 2011-2015. and included in the Strategic Development Plan of KarSU named after Y.A. Buketov (headed by Kispayev T.A.)
5. Agreement on creative cooperation for 2012-2017 between the KarSU named after Y. A. Buketov and vocational schools №1, №15, №30 "The introduction of scientifically based modern health-saving technologies in the educational process of vocational schools"; 2018-2022 between KarSU named after Y.A. Buketov and "Karaganda Engineering College" "Monitoring of physical education with a professionally applied focus in institutions of technical and vocational education."
6. Agreement on creative cooperation for 2016-2020 with prolongation between secondary school №58 of Karaganda and KarSU named after Y.A. Buketov "Monitoring of the physical condition of the organism of students of cadet classes of secondary school №58".

Membership in professional scientific organizations

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Awards and titles

- Grant holder "The best teacher of the university" 2014;
- Honored Worker of the KarSU named after Y.A. Buketova,
- Medal "For outstanding services in the field of technical and vocational education of the Republic of Kazakhstan", award No. 373/1 dated January 26, 2021. Association of legal entities "Association of Colleges of the Republic of Kazakhstan"
- Letters of thanks, certificates of appreciation for scientific, creative activities and educational work with students of educational institutions of Karaganda, Karaganda region from the Ministry of Education and Science of the Republic of Kazakhstan, the Ministry of Culture and Sports of the Republic of Kazakhstan, the Committee for the Development of Human Capital and Social Policy of Business of the Presidium of the National Chamber of Entrepreneurs of the Republic of Kazakhstan "Atameken", the Department of Physical Culture and Sports of the Karaganda region, the Department of Education of the Karaganda region, the Institute for Advanced Studies of the Karaganda region and retraining of civil servants, the Rector's Office of the Karaganda University, named after academician Y.A. Buketov, educators, a number of educational schools and lyceums for training specialists in physical culture and sports.

Courses taught

1. "Hygiene of physical culture and sports";
2. "Age physiology and school hygiene";
3. "Monitoring the physical condition of children and adolescents in educational institutions";
4. "Sports facilities and simulators";
5. "Sports Dietetics".
6. "Medical control and exercise therapy"
7. "Exercise therapy and massage"
8. "Age features of training athletes in the chosen sport"
9. "Olympic education"
10. "Health-saving technologies in educational institutions"
11. "Management and legal support in the activities of physical culture and sports organizations"
12. "Anatomy, physiology and hygiene of a schoolchild"
13. "Sports medicine"
14. "Sports medicine and monitoring of physical condition"

Sphere of professional and scientific interests

1. The state of health, physical activity and physical fitness of children and adolescents
2. Career guidance and professional selection of working adolescents
3. Health-saving learning technologies in educational institutions
4. Monitoring of the physical condition of children and adolescents in educational institutions
5. Physical education of professionally applied orientation of adolescents in educational institutions

Academic mobility and participation in forums and round tables

- Takes an active part in the academic mobility of teachers in accordance with the Agreement on cooperation between AltSPU in Barnaul and our university.

1. 17.01.-30.01.2018 - on the basis of the Institute of Physical Culture and Sports of AltSPU conducted classes and delivered lectures to students of this institution on the course: "Monitoring of the physical condition of children and adolescents"; conducted master classes on the topic: "Scientific foundations of professionally applied physical training in educational organizations." Certificate.

2. 27.01-12.02.2020 - on the basis of the above mentioned Institute gave classes and lectures to students of this institution on the course: "Health-saving technologies in educational institutions"; took an active part as a speaker of the round table "Science and sport are great!" as part of the celebration of the Day of Russian Science, 02/03/2020 Certificate.

- 15.03.2019 - took an active part in the Republican round table on the basis of the Medical University of Karaganda on the topic "Actual problems of occupational diseases and derivative injuries. Certificate.

- 16.06.2019 - took an active part in the Republican forum of youth health workers "Jastar-senim men serpin"; conducted a training seminar on the topic: "Health and profession" on the basis of the Medical University of Karaganda. Certificate.

- 19.02.2021 - took active participation in the forum of teachers of physical culture of the Karaganda region on the basis of the educational center of the Karaganda regional department of education; spoke at the plenary session with a report "Monitoring of the physical condition of children and adolescents in educational institutions." Letter of thanks.

IDENTIFIERS OF SCIENTOMETRIC DATABASE

Researcher ID:

ORCID ID:

RSCI identifier :

Author ID Scopus: Hirsch index on databases Clarivate Analytics (ThR) and Scopus: 2 балла.