



# NAZAROVA ALFIA MINNIAZYMVNA

Republic of Kazakhstan, Karaganda city, st. Universitetskaya, 28,  
Karaganda University named after academician E.A. Buketova

Date of birth: 04/27/1978

City: Karaganda

Email: alfnazarova@mail.ru

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## PLACE OF WORK, JOB TITLE

KarU named after academician E. A. Buketova, senior lecturer of the  
department of sports and pedagogical disciplines

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## ACADEMIC DEGREE, ACADEMIC TITLE (YEAR)

Master of Pedagogical Sciences, 2013

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## EXPERIENCE

2001-2005 - methodologist at the regional specialized boarding school for children gifted in sports named after. A. Moldagulova, part-time worked as a teacher on the theory and methodology of her chosen sport and basic sports at a sports college  
Since September 2005, he has been working under a contract at Karaganda State University named after. E.A. Buketova is a teacher at the Department of Athletics, Swimming and Winter Sports.  
In 2008, a competition was held for the position of senior lecturer at the department of cyclic sports and sports games.  
In 2013, a competition was held for the position of senior lecturer at the Department of Theory and Methodology of Physical Culture and Sports Training.  
In 2023, a competition was held for the position of senior lecturer in the department of sports and pedagogical disciplines.

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## PUBLISHED SCIENTIFIC WORKS

1. "On the issue of improving coordination abilities among students of physical education universities," 2018, Moscow. – IUU MGOU, 2018. – P. 258-261 (Shustova E.V., Barbanova N.V., Akhmetzhanova U.A.)
2. "The influence of sports facilities on the life and health of people", 2019, "Opcion" (Venezuela), Vol.34. –Issue 87-2. – P. 521-542, 2019. – ISSN 1012-1587, CiteScore 2017 = 0.06 (2008-2018) (Saktaganlva Z.G., Grigorkevich A.A., Barbanova N.V., Suleeva K.M.)

3. “Scientific and pedagogical justifications for forms of physical education in the educational process of educational institutions”, 2020, Theory and methodology of physical culture: Scientific-theoretical journal/Almaty: KazAST, 2020. - No. 1 (59) – P. 92-95., Imp. factor – 0.173 (Barbanova N.V., Kim R.I.)

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## EDUCATION

In 1997-2001 Studied at Karaganda State University named after. E.A. Buketova at the faculty of “Physical Culture and Sports”, specialty “Physical Culture and Sports”

In 2011, on a competitive basis, she entered the master's program at KarSU named after. E.A. Buketov to the Faculty of Physical Culture and Sports

In 2013, she completed a full course of study and was awarded the title of Master of Education. Sci.

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## INFORMATION ABOUT IMPROVEMENT OF QUALIFICATIONS

1. FPC at the Republican State Enterprise “National Scientific and Practical Center for Physical Culture”, specialty 530108 “Physical Culture”, October 9-19, 2015.
2. FPC certificate “Intensive English language course (level B2), KarSU, December 23, 2016 - June 23, 2017.
3. Seminar “Rational construction of training programs for various types of muscle fibers”, KazFitnessAcademy, November 19, 2017.
4. Seminar “Updating the content of secondary education”, KarSU, November 24-30, 2017
5. . 02.17-03.11.2021 - Course of guest lectures “Modern concepts of training athletes” Babushkin G.D., (Russia).
6. November 16, 2022 – seminar “Kazakhstan sport yyimday arasynda dopingke karsy bagdarlamalary otkizu erekshelikteri”
7. 15-30.12.2022 - Distance learning course “personal fitness trainer”
8. Listened to a series of guest lectures “Subject and meta-subject aspects of professional training in the field of physical culture and sports” (lecturer O.V. Bayankin, 2022)
9. FPC “Development of competencies of a university teacher in organizing distance and online learning (01/09-21/2023, Karaganda)

## PERSONAL QUALITIES

Candidate for Master of Sports of the Republic of Kazakhstan in athletics  
National senior judge in athletics

## LANGUAGE KNOWLEDGE

Russian - native, English - fluent, Kazakh - with a dictionary.

## COMPUTER SKILLS

Experienced user (Windows XP, Windows 7, Microsoft Office-Excel, Word).

## OTHER SKILLS (HOBBIES)

reading, travel, board games,  
tennis

## COURSES TEACHED

1. Athletics with teaching methods
2. Fitness technologies in educational organizations
3. Outdoor games with teaching methods