

PERSONAL INFORMATION



SLANBEKOVA GULNARA KOBYLANOVNA

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🌐 www.researcherid.com/rid/E-3074-2018

| Date of birth: 08/09/1974

PLACE OF WORK, POSITION

E.A. Buketov University of Karaganda, associate professor of Psychology Department

SCIENTIFIC DEGREE, SCIENTIFIC TITLE (ACADEMIC DEGREE)

PhD, associate professor

WORK EXPERIENCE

Place and date

- 1994-1996 - primary school teacher of secondary school № 15, Karkaraly district, Karaganda region
- 2000-2001 - psychologist-consultant, OSC "Valut-Transit" Bank
- 2001-2012 - Lecturer of the Department of Ethnopsychology and Ethnopedagogy of the E.A. Buketov KarSU
- 2005-2012 - Senior lecturer of the Department of Psychology of the named after E. A. Buketov KarSU
- from September 2016 to the present - of the Department of Psychology of the KarSU named after E. A. Buketov
- 2019-2021 - Scientific secretary of the Dissertation Council in the specialties 6D010200 - Pedagogy and methodology of primary education, 6D010300 - Pedagogy and Psychology

EDUCATION AND PROFESSIONAL TRAINING

Education

- 1990-1994 - Saran Pedagogical College named after Abay, qualification - primary school teacher
- 1996-2000-E. A. Buketov KarSU, Faculty of Philosophy and Psychology, qualification - Bachelor of Psychology (with honors)
- 2010-2012 - E. A. Buketov KarSU, Faculty of Philosophy and Psychology, qualification- Master of Social Sciences in the specialty of Psychology
- 2012-2015 - Al-Farabi Kazakh National University, doctoral degree in Psychology

Professional trainings, Scientific trips

- May 2011 - internship at Carlov University (Prague, Czech Republic)
- October-November 2013 - Internship at Zayed University (Abu Dhabi, UAE)
- April-March 2015 - internship at Zayed University (Abu Dhabi, UAE)
- May-June 2017 - language courses at the Jipka Language School (Prague, Czech Republic)
- November-December 2021 - scientific internship in online format at the Department of General Psychology of Lomonosov Moscow State University (Moscow, Russia).

SKILLS DEVELOPMENT INFORMATION

- 2003 - training "Gestalt Therapy with elements of psychodrama"
- 2005 - training "Thanatotherapy»,
- 2010 - training " Fundamentals of body-oriented psychotherapy»
- 2010-2012 - training "Integrative systemic family psychotherapy"
- 2011-2012 - training "Systemic family arrangements according to B. Hellinger"
- 2013 - seminar "How to get published in scientific journals?"
- 2013 - course " Posttraumatic Stress Disorder"
- 2013 - course "Emotional Intelligence and Education"
- 2014 - course " Counseling Psychology and psychodiagnostics»
- 2014 - course "Systematic Family Therapy, Cognitive Behavioral Therapy"
- 2014 - course " Cross-cultural and social psychology»
- 2016 - course "Conflict analysis and management with an emphasis on mediation as a conflict resolution method"
- 2016 - online seminars Thomson Reuters (for base)
- 2016 - online seminars Thomson Reuters (for advanced features)
- 2017 - seminar-training "Fundamentals of mediation and mediator for the settlement of disputes"
- 2017 - program "Formulation and solution of psychological problems on the disciplines of psychology"
- 2017 - seminar-training "Researcher Connect"
- 2017 - online course on the FutureLearn platform, "Psychology and Mental Health»
- 2018 - course "Fundamentals of document preparation in the LaTeX system"
- 2018 - course "Actual problems of modern psychological knowledge"
- 2019 - Winter Psychological School "Psychological Workshops: applied psychology in healthcare, education, and production"
- 2020 - online course " Main metrics of Science. Scopus and Web of Science "
- 2020 - online course "Prevention of plagiarism before publication in scientific journals Scopus, Web of Science"
- 2020 - online course "Anti-Plagiarism system in Higher school of Kazakhstan: methodology of implementation and effective use»
- 2020 - online course "Antiplagiat System" as a tool for improving the quality of scientific and educational works in the Republic of Kazakhstan»
- 2021 – the course "Psychotherapy of psychosomatic disorders" on the basis of the Institute of Advanced Training and Additional Education of Al-Farabi Kazakh National University
- 2022 - "Autism spectrum disorders" training based on the platforms of the MOOC

PERSONNEL QUALITIES

Native language

Kazakh

LANGUAGE

	UNDERSTANDING		SPEAKING		WRITING
	Hearing	Reading	Oral speech	Writing speech	
Kazakh	C2	C2	C2	C2	C2
Language certificate: Kaztest					
English	B2	B2	B2	B2	B2
Language certificate: IELTS					

Digital skills

Microsoft Office (Word, Power Point, Excel), SPSS, Statistica

Other skills (hobbies)

reading, traveling, board games

ADDITIONAL INFORMATION

1. Slanbekova G.K. Ethnocultural differences in role functioning of the family system. - *Procedia Social and Behavioral Sciences*. – 2014. - Vol. 114. - P. 867-871 (в соавторстве).
2. Slanbekova G.K. Adjustment to divorce: evaluation of a community group intervention program. - *International Journal of Psychology. Social Psychology*. – 2015. - Vol. 51. – P. 1095 (в соавторстве).
3. Slanbekova G.K. Trauma and divorce. - *International Journal of Psychology. Family and Community*. – 2015. - Vol. 51. – P. 594-595 (в соавторстве).
4. Slanbekova G.K. Testing of the "Fisher Divorce Adjustment Scale" Questionnaire for Russian Sample in Kazakhstan. - *Asian Social Science*. - 2015. – Vol. 11. - No 6. - P. 83-91(в соавторстве).
5. Slanbekova G.K. The impact of coping and emotional intelligence on the relationship between posttraumatic stress disorder from past trauma, adjustment difficulty and psychological distress following divorce // *Journal of Mental Health*. – 2017. - Vol. 26(4). – P.334-341 (в соавторстве).
6. Slanbekova G.K. Posttraumatic stress and interpersonal sensitivity: alexithymia as mediator and emotional expressivity as moderator // *Psychiatric Quarterly*. – 2019. – Volume 90. - Issue 1. – pp.249-261 (в соавторстве).
7. Slanbekova G.K. The relationship between posttraumatic stress disorder, interpersonal sensitivity and specific distress symptoms: the role of cognitive emotion regulation // *Psychiatric Quarterly*. – 2019. – Volume 90. - Issue 4. – pp.803-814 (в соавторстве).
8. Slanbekova G.K. The relationship between posttraumatic stress, trauma centrality, interpersonal sensitivity and psychiatric co-morbidity among students in Kazakhstan: A latent class analysis // *Journal of Mental Health*. - 2021. - Vol. 30(6). – P. 698–705 (в соавторстве).
9. Slanbekova G.K. Adaptation of the student wellbeing process questionnaire for Russian speaking students of Kazakhstan // *International Journal of School and Educational Psychology*. - 2022. - Vol. 10. - № 3. – P. 383-394 (в соавторстве).
10. Сланбекова Г.К. Роль психологического тренинга в работе с разведенными супругами. - *Вестник КазНУ. Серия психологии и социологии*. - 2016. - №3(58). - С. 98-109 (в соавторстве).
11. Сланбекова Г.К. Особенности совладания в ситуации развода: гендерный аспект // *Вестник КазНУ. Серия психологии и социологии*. - 2016. - №4(59). - С. 132-142 (в соавторстве).
12. Сланбекова Г.К. Изучение роли социально-психологических факторов в совладании с ситуацией развода // *Вестник КазНУ им аль-Фараби. Серия психологии и социологии*. – 2016. - №4(59). – С. 80-86 (в соавторстве).
13. Сланбекова Г.К. Особенности отношений в системе "мать и дочь" и образ будущей семьи // *Вестник КазНУ им аль-Фараби. Серия психологии и социологии*. – 2018. - №3(66). – С. 53-63 (в соавторстве).
14. Сланбекова Г.К. Особенности совладания с психологической травмой в ситуации распада супружеских отношений. Монография. - Караганды: Полиграфист, 2017. – 162 с.
15. Slanbekova G.K. Features of professional self-determination of social orphans // *Вестник КазНПУ им. Абая. Серия «Психология»*. - 2018. - № 3 (56). – С. 38-45 (в соавторстве).
16. Slanbekova G.K. Features of the axiological sphere of the Kazakhs // *Вестник КазНПУ им. Абая. Серия «Психология»*. - 2018. - № 3 (56). – С. 38-44.
17. Slanbekova G.K. Personal aggression and anxiety of adolescents and perception of aggressive advertising // *Вестник КазНУ им аль-Фараби. Серия психологии и социологии*. – 2019. - № 1(68). - С. 94-102.
18. Slanbekova G.K. The study of socio-psychological adaptation of the students // *Вестник КазНПУ им. Абая. Серия «Психология»*. - 2019. - № 1(58). – С.231-235.
19. Slanbekova G.K. The theoretical aspect of the study of death in psychology // *Вестник КазНПУ им. Абая. Серия «Психология»*. - 2019. - № 1(58). – С. 54-57.
20. Сланбекова Г.К. Әйел жалғыздығы феномені // *Вестник КазНПУ им. Абая. Серия «Психология»*. – 2020. - № 1(62). - Б. 96-100 (в соавторстве).
21. Сланбекова Г.К. Әлеуметтік қызметкерлердің бала – ата-ана қатынастары ерекшеліктері // *Вестник КазНПУ им. Абая. Серия «Психология»*. – 2020. - № 1(62). - Б. 238-243.
22. Сланбекова Г.К. Білім беру типі және бастауыш сынып оқушылары мотивациясы // *Вестник КазНПУ им. Абая. Серия «Психология»*. – 2020. - № 1(62). - Б. 294-298.
23. Сланбекова Г.К. Проактивные ресурсы совладания с академическим стрессом // *Вестник КазНПУ им. Абая. Серия «Психология»*. – 2021. -№3(68). – С. 70-77.

Main publications

The number of published scientific and educational works – more than 80, including:

- in journals based on Scopus - 7;
- in journals based on Clarivate Analytics - 5;
- in publications recommended by KQAES MES KR - 19;
- in publications placed in the RSCI database, including journals from the list of HAC - 5;
- monographs (co-authored) - 3;
- textbooks, teaching aids, electronic textbooks (co-authored) - 2.

The H-index based on Scopus – 3.

The Hirsch index based on Clarivate Analytics-1.

The Google Scholar H-Index - 4.

Participation in the implementation of scientific projects

- «Life events and well-being among university students in Kazakhstan» with Chinese University (Hong Kong, 2016) (status - performer)
- «Culture-based Coping with Academic Stress and It's Psychosocial Effects among University Students» with Windsor University (Kanada, 2017) (status - performer)
- «Covid-19 and medical staff in Kazakhstan» with Chinese University (Hong Kong, 2021) (status - performer)

Membership in professional scientific organizations

- member of the editorial board of the journal "Minin University Bulletin"
- member of the Kazakh Psychological Society
- member of the American Psychological Association

Awards and titles

- Title holder «The best teacher of HEI» (KR MEC, 2020)

Courses

1. Medical psychology
2. Family in psychological counseling
3. Actual problems of psychological science in Kazakhstan
4. Psychology of Cognitive activity
5. Special psychology
6. Modern methods of statistics in psychology

Professional and scientific interests

- psychology of family and marriage, family in crisis, psychology of divorce
- psychology of emotional intelligence, professional self-determination
- psychology of post-traumatic stress, psychology of crisis states

SCIENTIFIC DATABASES IDENTIFIERS

Researcher ID: E-3074-2018
ORCID ID: <http://orcid.org/0000-0003-4908-5132>
Author ID Scopus: 56584624700