

PERSONAL INFORMATION

Rakhimbekova Zhansaya



Republic of Kazakhstan, Karaganda city, Universitet str., 28,
Karaganda Buketov University



✉ rahimbekovazs@mail.ru



| Date of birth: 19/07/1986

PLACE OF WORK, POSITION

Karaganda Buketov University, lecturer of the Department of Psychology

SCIENTIFIC DEGREE, SCIENTIFIC TITLE (ACADEMIC DEGREE)

Master of Social Sciences

WORK EXPERIENCE

PLACE AND DATE

2008-2019 KSU basic secondary school No. 87Karaganda, psychologist
2019 Karaganda University named after Academician E.A.Buketov – Senior lecturer of the Department of Psychology

EDUCATION AND PROFESSIONAL TRAINING

EDUCATION

2004-2008 Karaganda State University, Faculty of Philosophy - Psychology, specialty "Psychology"
2021-2001 Karaganda University named after Academician E.A.Buketov, OP "7M03104-Psychology",
M066-Psychology, degree of Master of Social Sciences

PERSONNEL QUALITIES

"Methodology and technology of teaching online and distance learning" (LLP "Institute of Psychology and Social Sciences", Astana);
• Certificate of Advanced Training "Organizational Psychology and Leadership" (72 hours), Siberian Federal University (Russian Federation) May-June 2023.
• Certificate of participation in the scientific discussion "Harassment in education: concept, interpretation, boundaries" within the framework of the international scientific and educational project "Bilim zhane Bolashak", KazNPU. Abaya, May 2023.
• Certificate of advanced training "Cross-cultural and Ethnic Psychology" (72 hours), National Research University "Higher School of Economics" (Moscow, Russia), April 2023.
• Certificate of participation in the seminar "Abstracting and referencing of scientific articles" (72 hours), held within the framework of the First Eurasian Forum of Editors of scientific journals "EAST-WEST: Power and Potential" Khazar University, Baku, March 2023.
Certificate of advanced training "Methodology of scientific research. Writing a scientific article" (72 hours), KazNPU named after Abai, January 2023.
• Certificate for participation in the training "Digital etiquette: how to respect each other on the Internet" - "Rules for the preparation and writing of scientific articles" (72 hours), Karaganda, 2021.
• Certificate of participation in the webinar "Modern teaching methodology: a new learning concept" (36 hours), Nur-Sultan, 2021.

Native language

kazakh

LANGUAGE

UNDERSTANDING		SPEAKING	WRITING
Hearing	Reading	Oral speech	

Kazakh B 2 B 2 B 2 B 2

LANGUAGE CERTIFICATE:

English

LANGUAGE CERTIFICATE:

Digital skills

Microsoft Office (Word, Excel, Power Point); graphic editor (CorelDRAW, Adobe Photoshop, Adobe Photoshop Lightroom)

Other skills (hobbies)

sewing, cooking

ADDITIONAL INFORMATION

Main publications

- "The relationship of professional stress and psychological health of school teachers", Balabayevskiye chteniya - XIV: scientific work of students, undergraduates and teachers. - Karaganda, 2022.
- "The relationship between professional stress and psychological health of school teachers", "Actual problems of social and humanitarian Sciences". - Tashkent-2023g.

Courses

1. Psychology of academic stress
2. Psychology of professional stress
3. Ethnopsychology
4. The basics of victimology