

## PERSONAL INFORMATION

### Barikova Alyona



Барикова Алена  
Рудольфовна  
Старший преподаватель  
Магистр психологии

📍 Republic of Kazakhstan, city of Karaganda, st. Universitetskaya, 28, KarU named after academician E.A. Buketova

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✉️ alena.luh@mail.ru

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| Date of birth: 12/07/1981....

### PLACE OF WORK, POSITION

KarU named after academician E.A. Buketova, Senior Lecturer, Department of Psychology

### SCIENTIFIC DEGREE, SCIENTIFIC TITLE (ACADEMIC DEGREE)

Master of Social Sciences in Psychology

### WORK EXPERIENCE

#### Place and date

- 2001-2002 - psychologist at the KGKP Nursery-garden "Batyr"
- " - 2002-2003 - psychologist at the Children's Narcological Department at the Regional Children's Psychoneurological Dispensary
- 2003-2007 - Lecturer at the Department of Psychology (Faculty of Philosophy and Psychology), KSU named after E.A. Buketov
- 2007 to the present - senior lecturer of the Department of Psychology, KarU named after E.A. Buketov
- 2010-2011 - psychologist of the Department for the execution of court decisions under the Ministry of Justice of the Republic of Kazakhstan
- 2018-2019 - Psychologist at the Children's Development Center "Steps"
- 2019 to the present - executive secretary of the selection committee of the KarU named after E.A. Buketov

### EDUCATION AND PROFESSIONAL TRAINING

#### Education

- 1998-2002. Karaganda State University named after Academician E.A. Buketova, Faculty of Philosophy and Psychology, Department of Psychology, specialty "Psychology", qualification - Psychologist (with honors)
- 2009-2011 - Karaganda State University named after Academician E.A. Buketov, Faculty of Philosophy and Psychology, Department of Psychology, specialty 6N0503-Psychology, qualification - Master of Social Sciences (with honors)
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#### Professional trainings, Scientific trips

May 2011 - internship at Charles University (Prague, Czech Republic)

### SKILLS DEVELOPMENT INFORMATION

- 2005 - Certificate of advanced training for the course "Innovative technologies in the educational process" (Karaganda, FPK KarSU);
- 2008 - Certificate for the program "Integrative art therapy" (International Academy of Psychological Sciences, Moscow);

- 2009 - Certificate under the Mifodezayn program (International Academy of Psychological Sciences, Moscow);
- 2009 - Certificate under the program "Myth as a brand" at (International Academy of Psychological Sciences, Moscow);
- 2010 - Certificate for the program "Psychodrama in critical situations" (Moscow Institute of Gestalt Psychology and Psychodrama. Moscow);
- 2010 - Certificate in the program "Problems of modern education in the context of the Bologna process" (Charles University, Prague, Czech Republic);
- 2016 - Certificate of the advanced training course under the program "Modern pedagogical technologies in the university", (FAZ NTSPK "Orleu", Almaty);
- 2017 - Certificate of the advanced training course under the program "Prospects for the pluralization of the discourse of psychology in the scientific and cultural paradigm of postmodernism" (Karaganda);
- 2017 - Certificate of the course for the program "Talent management" Setting and solving psychological problems in the disciplines of psychological specialties "(FPK KarSU, Karaganda);
- 2019 - Certificate of the advanced training course for the program "Methods of distance learning" (FPK KarSU, Karaganda)

## PERSONNEL QUALITIES

<b>Native language</b>	<b>Russian</b>				
<b>LANGUAGE</b>	<b>UNDERSTANDING</b>		<b>SPEAKING</b>		<b>WRITING</b>
	<b>Hearing</b>	<b>Reading</b>	<b>Oral speech</b>		
<b>Kazakh</b>	B1	B1	A2	A2	A2
	<b>LANGUAGE CERTIFICATE: no</b>				
<b>English</b>	BASE	BASE	BASE	BASE	BASE
	<b>LANGUAGE CERTIFICATE: no</b>				
<b>German</b>	A2	A2	A2	A2	base
<b>Digital skills</b>	Advanced user: Microsoft Office (Word, Excel, Power Point), STATISTICA 6.0; graphic editors (CorelDraw, Adobe Photoshop). Knowledge of operating systems: Windows and IOS.				

**Other skills (hobbies)** Reading, travel, metaphorical maps, training

## ADDITIONAL INFORMATION

## Main publications

1. Alimbaeva R.T., Barikova A.R., Burlenova S.O., Kabakova M.P. Attitude towards punishment among violent convicts with different criminal experience. // Bulletin of KazNU. Psychology and Sociology Series. - Almaty, 2016. - No. 3 (58). - S. 18-26.
2. Barikova A.R., Yablochkina E.A. Influence of midterm knowledge control on situational anxiety among 1st year students. // Scientific achievements and discoveries 2017. Collection of articles by the winners of the 2nd international scientific and practical competition. May 2, 2017 Penza.
3. Barikova A.R., Yablochkina E.A. Changes in the psychological and somatic state as a reaction to psychological stress among 1st year students. // Best student article 2017. Collection of articles of winners Collection of articles of the winners of the 3rd international scientific and practical competition. November 20, 2016 Penza.
4. Dunina A.O., Barikova A.R. Research of the peculiarities of communication among adolescents subjected to psychological abuse. // Collection of scientific works of students, undergraduates and teachers of the specialty "Psychology" dedicated to the memory of Doctor of Psychological Sciences, Professor V.E. A piece. - Karaganda: printing house "Form plus", 2017. -S. 135-140.
5. Zbrovskaya A.S., Barikova A.R. The specifics of the time perspective of convicts. // Collection of scientific works of students, undergraduates and teachers of the specialty "Psychology" dedicated to the memory of Doctor of Psychological Sciences, Professor V.E. A piece. - Karaganda: printing house "Form plus", 2017. -S. 175-179.
6. Barikova AR, Kushkumbaeva AI Research of students' attitudes towards terrorism. // Materials of the International Scientific and Practical Conference. "Science, Education and Manufacturing in the Conditions of the Fourth Industrial Revolution". Karaganda -2018. - S.295-298.
7. Yablochkina E.S., Barikova A.R. Psychological state of female psychology students during the period of exams. / Balaubaevskie readings - 10. Collection of scientific works of students, undergraduates and teachers. - Karaganda: printing house "Form plus", 2018. - pp. 139-145.
8. Zbrovskaya A.S., Alimbaeva R.T., Barikova A.R. Features of the motivation of recidivist criminals. / Balaubaevskie readings - 10. Collection of scientific works of students, undergraduates and teachers. - Karaganda: printing house "Form plus", 2018. - pp. 260-263.
9. Lazareva E.A., Kapasheva G.A., Barikova A.R. Psychological features of full-time education with the use of distance educational technologies / Balaubaevskie readings - XII: materials of the Republican scientific and practical conference with international participation, dedicated to the 120th anniversary of S.B. Balaubaev, 70th anniversary of S.M. Dzhakupov and the 30th anniversary of the Department of Psychology - Karaganda: Printing house "FormPlus", 2020.-P.67-72.

## Participation in the implementation of scientific projects

- 2010 - "Research into neurotization and psychopathization of the personality of conditionally convicted persons" (customer - the Department of the Penitentiary System in the Karaganda region);
  - 2010 - "Research of deviant forms of behavior among bailiffs" (customer - Department for the execution of court decisions under the Ministry of Justice of the Republic of Kazakhstan);
  - 2012-2014. "Prevention of religious extremism" is a business-related topic (Customer - MES RK, position - executor);
  - 2015 - "Diagnostics and prevention of suicidal tendencies among convicts in the quarantine department" (customer - Department of the Penitentiary System in the Karaganda region);
  - 2017-2019. - "Advanced training of law enforcement officers" (Customer - Academy of Law Enforcement Agencies under the General Prosecutor's Office of the Republic of Kazakhstan);
  - from 2021 - "Adaptive educational environment as a condition for the development of flexible skills of university students and ensuring the continuity of school education" (Customer - MES RK, position - executor)
- International project:  
012 - "TEMPUS: Training of social psychologists to work with migrants (status - executor)

## Membership in professional scientific organizations

- Member of the working group of the "Psychology" section on the project of the Science Committee of the Ministry of Education and Science of the Republic of Kazakhstan "100 new textbooks"
- Expert KOKSON

## Awards and titles

## Courses

- 1.General psychology
- 2.Legal psychology
- 3.Psychology of crisis states
- 4.Psychological correction
5. the basics of victimology

## Professional and scientific interests

- personality psychology, psychology of resocialization, psychology of communication, psychodiagnostics, psychology of terrorism, psychology of emergency situations, penitentiary psychology.

## SCIENTIFIC DATABASES IDENTIFIERS

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**Researcher ID:**

**ORCID ID:**

**RSCI:**

**Author ID Scopus:**